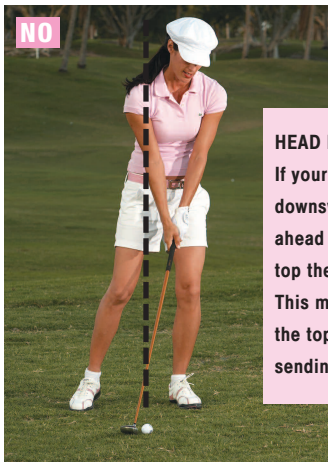




CHEAT SHEET THIN AND FAT ON THE FAIRWAY

NO

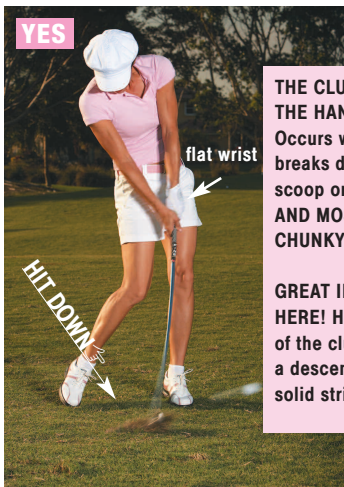


HEAD RACES AHEAD

If your head initiates the downswing and gets ahead of the ball you will top the ball "SKULL."

This means you will hit the top half of the ball sending it NOWHERE.

YES



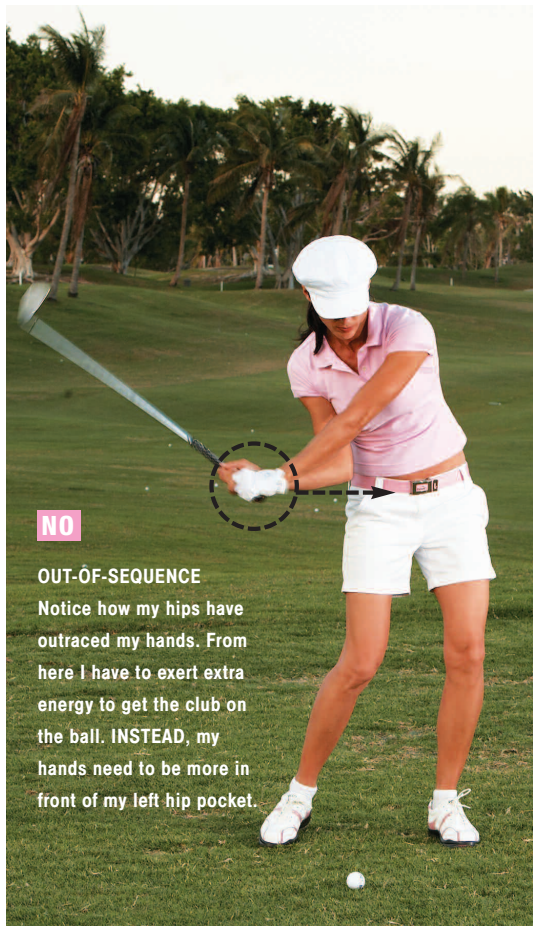
THE CLUBHEAD OUTFRACES THE HANDS, A BIG NO-NO!

Occurs when your left wrist breaks down resulting in a scoop or flip of the hands AND MOST LIKELY A CHUNKY MONKEY.

GREAT IMPACT SHOWN HERE! Hands are still ahead of the clubhead resulting in a descending blow and solid strike.



CHEAT SHEET THIN AND FAT ON THE FAIRWAY



NO

OUT-OF-SEQUENCE

Notice how my hips have outraced my hands. From here I have to exert extra energy to get the club on the ball. **INSTEAD**, my hands need to be more in front of my left hip pocket.

What is better than a Cheat Sheet?  **A Girl's On-Course Survival Guide to Golf™**

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